

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes.

1. Establish client priorities.
2. Design and recommend specialised facials.
3. Prepare for specialised facial treatment.
4. Cleanse skin using ultrasonic or direct current.
5. Remove minor skin blemishes and infuse serums.
6. Apply basic peels.
7. Complete treatment.
8. Review treatment and provide post treatment advice.
9. Clean treatment area.

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Check if a client treatment plan is available and, if so access and review.
- 1.2. Discuss facial requirements, changes in skin over lifetime, current skin care regimen, lifestyle and nutrition influences to establish their treatment objectives.
- 1.3. Conduct skin analysis, assessing areas of normal facial skin, levels of lipids and skin hydration, degree of photo aging and pigmentation and scar tissue as required.
- 1.4. Classify client skin and discuss outcomes with client.
- 1.5. Identify contraindications to facial treatment, and refer client to appropriate professional as required.
- 1.6. Identify common skin diseases and disorders that can be treated within scope of practice, as required.
- 1.7. Establish medical history, medication, and obtain medical approval prior to treatment, as required.
- 2.1. Design proposed facial for treatments to achieve client objectives.
- 2.2. Discuss benefits of selected formulations and devices and potential adverse effects with client.
- 2.3. Explain recommendations for duration, frequency and cost of facial to client.
- 2.4. Modify treatment plan, record updates and obtain client consent.
- 3.1. Check readiness of treatment area and availability of equipment.
- 3.2. Present self, according to organisational policy.
- 3.3. Select facial treatment products and equipment.
- 3.4. Prepare client, ensuring metallic jewellery, contact lens and hearing aids have been removed.
- 3.5. Comply with health and hygiene regulations and requirements.
- 3.6. Maintain client comfort and modesty throughout treatment.
- 3.7. Position self and client to minimise fatigue and risk of injury.
- 3.8. Use energy, water and other resources efficiently during preparation and subsequent treatment process.
- 4.1. Remove make-up and cleanse skin according to treatment plan.
- 4.2. Apply cleansing medium and select ultrasonic parameters.
- 4.3. Apply ultrasonic device according to predetermined pattern, at correct angle ensuring that skin remains moist as required.
- 4.4. Provide desincrustation treatment using direct current as required.
- 4.5. Remove cleansing medium according to manufacturer instructions.
- 5.1. Steam and exfoliate as required.
- 5.2. Extract milia and comedones as required.
- 5.3. Use direct current to infuse serums according to skin type and conditions.
- 5.4. Remove excess product as required.
- 6.1. Select peel formula according to client skin type and treatment plan.
- 6.2. Apply formula for the recommended time in accordance with the manufacturer instructions and safety data sheet.
- 6.3. Remove formula and cleanse skin.
- 6.4. Apply soothing post-treatment product, and provide post-treatment advice.
- 7.1. Apply and remove mask as required.
- 7.2. Apply post treatment skin care products according to treatment plan.
- 7.3. Allow post treatment recovery time in relaxation area.
- 8.1. Evaluate specialised facial with client.
- 8.2. Review current skin care regimen and recommend products that support client skin priorities and maintain skin between treatments.
- 8.3. Design and recommend future treatments to support client priorities.
- 8.4. Manage client expectations of potential outcomes.
- 8.5. Update treatment plan and rebook client as required.
- 9.1. Remove used linen and clean surfaces and equipment and attachments according to organisational policies and procedures.
- 9.2. Restock equipment and products in preparation for next treatment.
- 9.3. Dispose of general waste to minimise negative environmental impacts according to organisational policies and procedures.

For further information please visit:

<https://training.gov.au/Training/Details/SHBBFAS006>